

# SHAWCO HEALTH

## 2022 END OF YEAR REPORT

### OUR TEAM



Amy Stessl; Alexandra Moors; Anneke Eberhard; Buhle Mbuqa; Christian Tereze; Camryn Ferns; Fatima Davids; Fatimah-Zahra Hendricks; Gladys Osiugwe; Hanna Essop; Jessica Arthur; Keegan Mills; Kevin Varghese; Khanyo Zondi; Lindokuhle Mbhele; Mayuri Chetty; Muhammad Mitha; Qudsiyah Bhawoodien; Ramses Peigou Wonkam; Sabiha Patel; Serena Naicker; Tyrique Byroo

### ONGOING CHALLENGES

- **Capacity:** This year we were still only able to take out half the number of clinics we did in the past. This was mainly due to financial constraints. Our long-term goal is to build back to full capacity with clinics going out every week.
- **Data Capturing:** Our Red Cap system has been very inefficient with recording patient numbers in part due to difficulty in using and accessing it.
- **Status on Campus:** Improving & clarifying our relationship with the Faculty & University as a whole still remains a challenge. Some great strides were made this year as the Department of Family Medicine (through the work of Prof Von Pressentin) has been increasingly supportive of our work.
- **Collaboration with Education:** This year we were able to build a stronger relationship with the executives of SHAWCO Education and collaborate on a few events, however not to the extent that we had hope for. We hope that the incoming team will find more ways to integrate the two sectors where possible as we had seen this year how much value this has.



### INCOMING TEAM

As of November 2022, this year's team will officially hand over the reins to the 2023 team, Ramses Peigou Wonkam (incoming president) and Camryn Ferns (incoming vice president), who are already hard at work in preparation for 2023. We wish them well on the year ahead and hope they will have your support just as we did.

### THANK YOU

As the year comes to a close, we reflect with gratitude on what an incredible year this has been. This year came with its share of challenges & failures, but also with many more successes. Through no small part by the work of an incredible team, including the students leadership, the staff, the board, and our Director Dr Jackie Stewart, we are proud to have been able to achieve everything we set out to do this year. A massive thank you to everyone who played a role in making this year such a success. On the ground, where the work of taking out clinics and seeing patients is done, we owe a great debt of gratitude to our student volunteers, supervisors, doctors, community health workers, nurses, and drivers, without whom none of our achievements would be possible. Lastly, thank you to our funders, with special mention to the McIntosh family for their generosity which allowed the creation of the Mom & Baby Clinics.

### 2022 ACTIVITIES

This year like many other societies, SHAWCO Health faced many challenges not only due to the Pandemic, but also due to financial constraints. Despite these challenges we were able to achieve the goals that we had set out for the year. The achievements we are most proud of include the following...

- From March - October 2022, **78 Clinics** have been held, and **over 850 patients** cared for in the following communities...
  - Imizamo Yethu; New Rest; Masiphumelele; Brown's Farm; Wynberg; Hout Bay; Kensington.
- The launch of the Marjorie McIntosh Mom & Baby Clinics, a collaborative effort by the Women's Health and Pediatrics teams.
- Over 20 On Campus events including skills workshops, talks, and runs, in collaboration with other societies...
  - **Health Promo Zumba event** - to promote the importance of physical health.
  - **Instagram Mental Health Talk with SWS** - to raise awareness of mental health services available on campus.
  - **2 Internship Talks** - to help prepare health science students heading into the workplace.
  - **Women's Health Run** - to raise donations of pads during Women's Month.
  - **Women's Health Talks** - held during Women's Health month where students could hear from women who have made incredible achievements in their fields.
  - **2 Women's Health Skills Workshops** - held to prepare students for how best to care for patients at our Women's Health clinics and in their future careers.
  - **Clinical Skills Workshop** - to equip pre-clinical students with the skills they will need both in their careers and when at SHAWCO clinics to serve patients.
  - **Paeds Run** - a promenade run in collaboration with Medicine in Motion to raise toy donations for IkhayaIthemba.

### IMPACT OF COVID

Although the repercussions of the pandemic are still being felt, we are very thankful that as the country opened up, we were able to slowly start to build back to where we were, and improve on certain aspects along the way. As restrictions began to be lifted, we were able to welcome more student volunteers to our clinics, increase the number of clinics that were held, and have a greater presence on campus through student development activities.

One of the biggest impacts that COVID had on our activities was financial, as it became increasingly harder to find donors. Although there is still much to be done, thankfully through the efforts of many, we are in a much better financial standing than we were at the beginning of the year.

### LOOKING AHEAD

Next year SHAWCO will be celebrating 80 years since its inception. In preparation for this momentous milestone, the team set several goals to increase our reach...

- This year we slowly build up our capacity by increasing the number of clinics that go out.
- Through the work & leadership of our Director Dr Jackie Stewart we were able to reach out to more funders which has resulted in a significant improvement on our financial standing and ability to do what we do.
- One of our goals this year was to foster a stronger relationship with the faculty and become more integrated as an integral part of the UCT Health Science student experience. The faculty also made tremendous efforts to show their support for us by assisting us with transport services for a period and encouraging students to attend clinics as part of their academic requirements. We hope that this has established a good foundation that will be built on in the years ahead.